

Positive Plenary Programme

Session 1

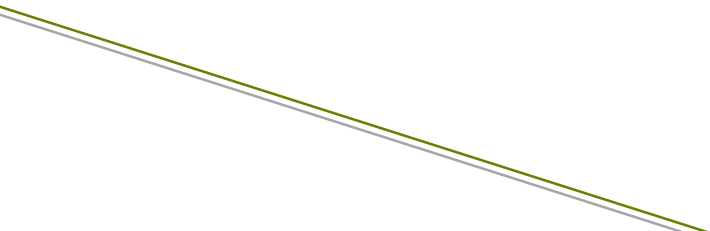
Re-kindling the Passion of the
Educator

St Michael's Primary School

Speaker: Sharon Amesu - Life in Colour Ltd

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What we will talk about:

- ▶ The importance of keeping our passion alive as parents and ways of achieving this.
 - ▶ Ways in which we can bring out the best in our children.
 - ▶ Preparing our children for life in 21st century - Building Resilience.
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"At the age of seven parental influence on learning is six times that of the school. At the age of eleven or twelve parental influence on learning is 30 per cent greater than that of the school. After the age of twelve, children - as they grow and mature - become their own greatest influence. At no point does the school have the greatest influence."

DesForges 2003



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"Parents are made to constantly fear that they are never doing enough to help their children succeed in a cut-throat world of work and higher education."

Tanith Carey



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"To educate a man in mind and not in morals is to educate a menace to society."

Theodore Roosevelt



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"Education is not the filling of a pail but the lighting of a fire."

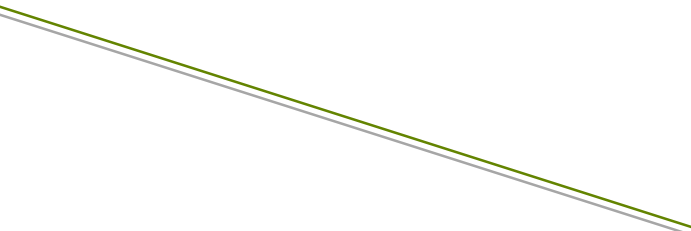
William Yeats



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Peter Benson

A spark is something which relates to:

- Skill or talent
 - Commitment
 - Quality of character
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Howard Gardner Frames of the Mind
Multiple Intelligences.

Linguistic

Logical

Visual

Musical

Bodily

Interpersonal

Intrapersonal

Natural

Spiritual

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Learning Modalities/Styles

Auditory

Tend to:

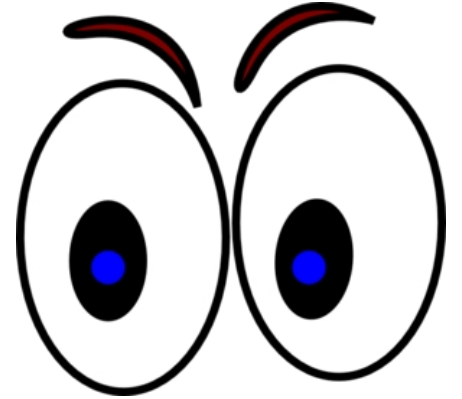
- enjoy reading and being read to.
- be able to verbally explain concepts and scenarios.
- like music and hum to themselves.
- enjoy both talking and listening.



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Visual

- have good spelling, notetaking, and organizational skills.
- notice details and prefer neatness.
- learn more if illustrations and charts accompany reading.
- prefer quiet, serene surroundings.



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Kinaesthetic

Tend to:

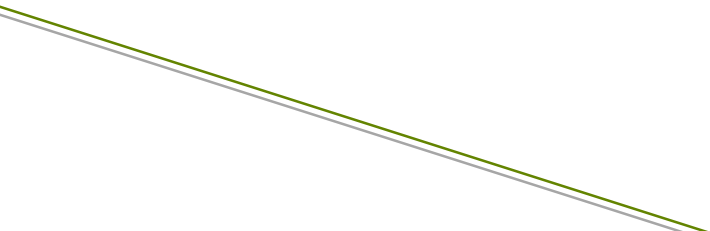
- be demonstrative, animated, and outgoing.
- enjoy physical movement and manipulatives.
- be willing to try new things.
- be messy in habits and surroundings.

Kinesthetic Learner



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Parenting Power Boosters:

- Believe in yourself- trust your judgment
 - Don't make comparisons
 - Be positive and encourage your child to be.
 - Be courageous and encourage your child to be.
 - Work in partnership with your child's school and your child's teacher.
 - Model a less stressful lifestyle.
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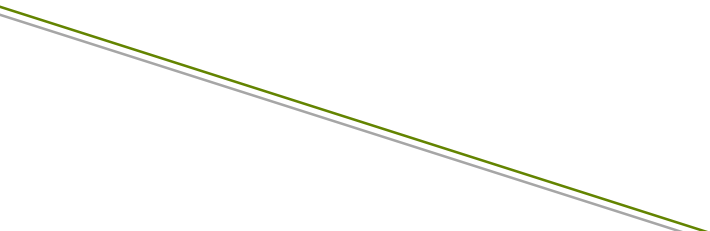
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Building
Resilience in
Children

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Future Challenges for our Children

- ▶ Global Warming and other international issues.
 - ▶ Replacement for dwindling natural resources.
 - ▶ Social cohesion-declining local identity, multicultural society.
 - ▶ Terrorism threats-nuclear weapons increase.
 - ▶ Caring for increasingly elderly population.
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-World Health Organisation adolescents in developed countries have the fastest growing. incidence of mental health problems.

-2020 World Health Organisation neuropsychiatric disorders estimated to increase by 50%, meaning one of 5 main causes of death and disease.

Rise in self harming among children as young as 10 years.

-UNICEF placed British children 16th of 21 countries for children's happiness.

-Estimated more than 80,000 primary school children suffer from severe forms of depression.

-British children are the most tested on the planet.

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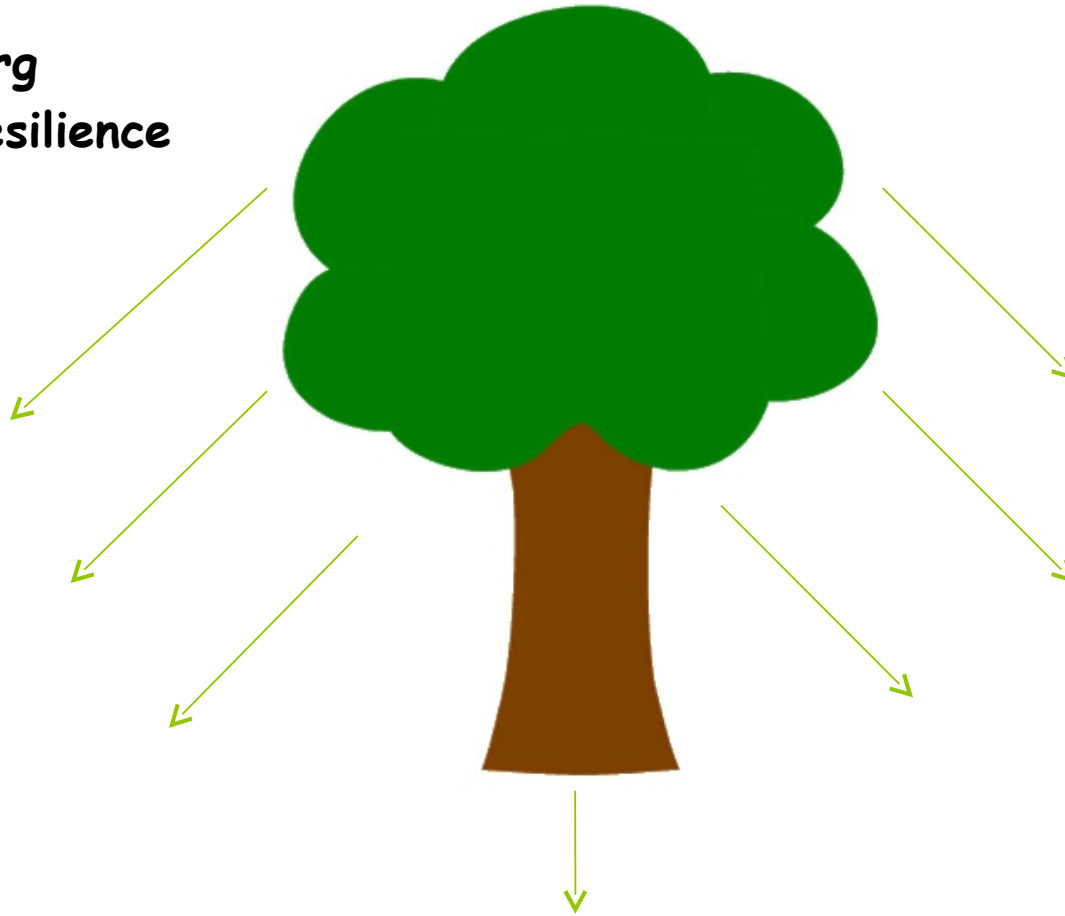
"The Power of resilience is irrefutable. If we are to prepare children for careers that we have yet to imagine, for jobs that have yet to be defined, for a future that few of us can appreciate; we are going to have to do some things differently. We must understand and embrace the Ordinary Magic (of Resilience)."

Dr Sam Goldstein



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Dr Ginsburg
7C's of Resilience



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Confidence- Competence

A belief in your skills and abilities with evidence.

Parents-

Make it safe to make mistakes

Relevant, specific praise

Treating as capable

Encourage stretching.

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Connection

Solid Relationships

Parents-

Physical and emotional safety

Encouragement of taking pride in own cultural, ethnic groups.

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Character

Fundamental sense of what's right or wrong

Parents-

Helping children understand how their behaviour affects others.

Modelling care for him.

Encourage delaying instant gratification.

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Contribution

Realising the world is a better place because you are in it.

Parent-

Value of serving.

Opportunities to serve.

Make it clear that they can individually make a difference.



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Coping

A belief that you can overcome stresses.

Parents-

Helping to differentiate between real crisis and less serious incidents.

Allowing imaginative play as a way of solving problems.

Modelling positive coping strategies.



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Control

Having a sense that you can determine the outcomes.

Parents-

Empowering decision making.

Celebrate even small successes

Teach that discipline is not about punishment but teaching about consequences.

Reward demonstrations of responsibility with increased privileges.

Self care

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On Children
Kahlil Gibran



Your children are not your children.
They are the sons and daughters of Life's
longing for itself.
They come through you but not from you,
And though they are with you yet they belong
not to you.

You may give them your love but not your
thoughts,

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Further Reading:

The Idle Parent: Tom Hodgkinson

Taming the Tiger Parent: Tanith Carey

Battle Hymn of Tiger Mother: Amy Chua (for an interesting perspective)

Parenting First: Kay Jarvis and Garry Burnett

Calmer Happier Easier Homework: Noel Janis